

Prim-Ed Index	<i>NCCA Stands/Units</i>	Objectives:	Objectives:
Jumping & Hopping	<i>Stand: Athletics</i> <i>Unit: Jumping</i>	Practice skipping activities with and without ropes	Experiment with various ways of jumping
Throwing & Catching	<i>Stand: Athletics</i> <i>Unit: Throwing</i> <i>Strand: Games</i> <i>Unit: Sending, receiving, travelling</i>	Experiment with appropriate objects and methods of throwing, aiming for height and distance	Begin to develop ball-handling skills
		Begin to develop carrying and striking skills	
Travelling	<i>Stand: Gymnastics</i> <i>Unit: Movement</i>	Develop the basic movement actions of running, stopping, jumping, rolling, climbing, transferring weight, balancing, swinging, twisting and turning using a variety of body parts while exploring space	Begin to develop work with a partner
Rolling			
Skipping		Develop body awareness through variations of direction, pathways, levels, shape, speed and effort	Develop good body tension and posture through gymnastic positions and movements
Hula hoops		Link skills to produce a short sequence of movement	
Obstacles Courses			
Creative Movement	<i>Stand: Dance</i> <i>Unit: Exploration, Creation & Performance of Dance</i>	Explore and create movement at different levels, using different pathways and forming different shapes in space	Develop poise, balance and co-ordination while moving and stopping
		Explore an appropriate range of dynamics in movement	Respond imaginatively through movement to stimuli such as words, stories, poems, pictures, music
		Begin to develop work with a partner	Explore the movements of different parts of the body and the ways in which the body can move in space using simple body actions such as travelling (walking, running, skipping) and jumping, gesture and stillness
Games		Begin to develop ball-handling skills	Begin to develop carrying and striking skills
Batting			
Parachutes			